



Troop 30

Suggested Personal Items Checklist

Required

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|--|--|
| <input type="checkbox"/> Pack (with frame if desired) | <input type="checkbox"/> Mess Kit (including utensils) |
| <input type="checkbox"/> Hiking Boots | <input type="checkbox"/> Canteen |
| <input type="checkbox"/> Raincoat, Poncho, or rain suit | <input type="checkbox"/> Sleeping Bag *(see note below) |
| <input type="checkbox"/> Sweater or Jacket | <input type="checkbox"/> Pillow with case |
| <input type="checkbox"/> Underclothing | <input type="checkbox"/> Flashlight (with spare batteries) |
| <input type="checkbox"/> Compass | <input type="checkbox"/> First Aid Kit |
| <input type="checkbox"/> Knife | <input type="checkbox"/> Boy Scout Handbook |
| <input type="checkbox"/> Changes of Clothing | <input type="checkbox"/> Toothbrush and Toothpaste |
| <input type="checkbox"/> Sealable Plastic Bags | <input type="checkbox"/> Toilet Paper (store in zip-lock bag) |
| <input type="checkbox"/> (To keep extra clothes dry) | |

Optional

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|--|--|
| <input type="checkbox"/> Watch | <input type="checkbox"/> Hand soap and Container |
| <input type="checkbox"/> Insect Repellent | <input type="checkbox"/> Sun Block |
| <input type="checkbox"/> Towel and Washcloth | <input type="checkbox"/> Air or Foam Mattress |
| <input type="checkbox"/> Extra Shoes | <input type="checkbox"/> Work Gloves |
| <input type="checkbox"/> Gloves or Mittens | <input type="checkbox"/> Pen or Pencil |
| <input type="checkbox"/> Personal Sewing Kit | <input type="checkbox"/> Mirror (metal) |
| <input type="checkbox"/> Comb or Brush | <input type="checkbox"/> Shampoo |
| <input type="checkbox"/> Uniform Shirt | <input type="checkbox"/> Uniform Pants or Shorts |
| <input type="checkbox"/> Uniform Socks | <input type="checkbox"/> Uniform Belt |
| <input type="checkbox"/> Neckerchief and Slide | <input type="checkbox"/> Camera with Extra Film |
| <input type="checkbox"/> Extra Money | |

Notes:

Sleeping bag should be in water resistant bag or compression sack and securely tied or strapped onto pack/pack frame (you should be ready to hike with this type of setup).